

Arms To Amen was founded in early 2009 by three metalheads who own a very solid foundation- **friendship**. Based on this strong fundament, Timo (Drummer) and Fredi (Guitar/Vocals) started work on some ideas Fredi brought up. First steps to their very own sound were followed by Kensington (Guitar/Vocals,) who perfectly harmonizes with the metal screams of Fredi. After only some weeks, Gregor (Bass) joined this club of total dedication and made the Band complete. A fresh arrival in the mixed up genre is their first song **N.O.V.A.** which shows Arms To Amen's plan how metal should sound like. Technically adept, with a good feeling for catchy songwriting, they hit the scene without any label support. After creating a setlist with eight songs, Arms To Amen represented their talent as a support act for *Emil Bulls, Firescent and Accuser*. During that period of rare shows, **A2A** hit the Desert Inn-Studio to record six Demo songs. Five of them are now available on a **Demo E.P. called NOVA**. From now on, Arms To Amen is ready to get signed and booked.